

Student Counseling

Counseling can be beneficial for various students.

We can help you, for example, if...

- You feel depressed or anxious.
- You want to learn how to be more effective in developing and maintaining relationships with others.
- You need help coping with the pressures associated with a challenging academic environment.
- You are in distress about adjustment to college life.

Schedule: opens at 8:45 am~5:00 pm

	Mon.	Tue.	Wed.	Thu.	Fri.
AM	Horita Imamura Kuriki	Horita Kuriki	Imaura Kuriki	Imamura Okamoto	Horita Okamoto
PM	Horita Kuriki	Horita Kuriki	Imamura Kuriki	Imamura Okamoto	Horita Imamura Okamoto

- Counseling is provided without any charge.
- We open in-person or online counseling for 45 min.
- Your information shall remain confidential.
- Making a prior appointment is preferable.
- You can see a psychiatrist if you need to.



Contact us here!

Clinical psychologist: Ryo Horita, Nanako Imamura, Ryoko Okamoto, and Yumiko Kuriki

Contact us: TEL: 058-293-2174 MAIL: hokencen@t.gifu-u.ac.jp