

To whom taking health checkup

We request your understanding and cooperation with the measures to combat the COVID-19 infection at the health checkup site.

The Gifu University will implement the following measures based on the scientific evidence to prevent a COVID-19 infection at the health checkup site.

- ① To avoid congestion at the venue, it is a complete reservation system. Keep the reservation time since the number of examinees per hour is managed strictly. The inspection place is set up in a large venue to have enough distance between each inspection sites.
- ② Your body temperature will be measured at the reception desk (approx. two secs). And disinfect your hands.
- ③ Your chest x-ray will be taken inside the examination bus. Make sure to enter one by one. Confirm if the person before you has left the bus before you enter. The x-ray equipment is disinfected with alcohol after each person's turn.
- ④ Collect your urine sample when you wake up using a urine container on the day of the annual health checkup.
- ⑤ Your cooperation as below is essential to conduct this health checkup smoothly and quickly.
 - Read carefully and remember the details in explanation of the health checkup and venue map.
 - Come to the venue with light belongings; leave the rest of your things (excluding valuables) in the waiting room.
 - The chest x-ray can only be taken if you wear a white T-shirt without a pattern. Accordingly, please prepare something that can be easily put on and removed.
 - Remove accessories such as necklaces and bracelets. Individuals with long hair should tie their hair so that it does not reach their shoulders.
 - Individuals who take ECG should remove long socks such as stockings and restricting undergarments beforehand.
 - Refrain from engaging in private conversations and cooperate so that the examination can proceed smoothly.
 - The waiting position for each inspection is indicated by a number or the like. Keep a sufficient distance according to the notice.
- ⑥ Individuals from abroad who entered Japan within 2 weeks and Individuals who have symptoms like cough will not be able to have their health checkup today.
- ⑦ At the venue, alcohol sterilization of the contact area is performed regularly. Medical professionals wear masks, face shields, gloves, lab coats, protective aprons, etc. to take precautions against infection.

Don't hesitate to consult with the Health Administration Center staff, if you have any questions.

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