


Let's Join YOGA Class in University!

It is good chance to experience YOGA. Let's try it!

Yoga class is instructed by the invited lecturer.



Beginners are welcome 

Free of charge!
Participation on
the day is OK!



Yoga lecturer
Ms. Michiko Ishigaki

<Questions>
Health Administration Center
(8:30am-5:00pm)
TEL: 058-293-2173
E-mail: hokencen@gifu-u.ac.jp

Oct. 12th, Wed

Time: 1:00 pm-
Only online by Zoom

Date

Oct. 26th, Wed

Time: 1:00 pm-
Only online by Zoom



You can access online service without
any reservation.
URL will be sent by e-mail.

