

Let's Join YOGA Class in University!



It is good chance to experience YOGA. Let's try it!

Yoga class is instructed by the invited lecturer.

Beginners are welcome 📖



Free of charge!
Participation on
the day is OK!



Yoga lecturer
Ms. Michiko Ishigaki



<Questions>
Health Administration Center
(8:30am-5:00pm)
TEL: 058-293-2173
E-mail: hokencen@gifu-u.ac.jp

Feb. 1st, Wed

Time: 1:00 pm-
Only online by Zoom

Date

Feb. 15th, Wed

Time: 1:00 pm-
Only online by Zoom



You can access online service without
any reservation.
URL will be sent by e-mail.

