## 保健管理センターニュース

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## Measles case was reported in Tokyo

In 2007, there was an epidemic of measles among teens and twenties, more than 260 high schools and universities were closed nationwide.

What are measles and rubella?

Measles and rubella are viral infections and highly contagious. Washing your hands and wearing a mask are not enough for prevention.







What should I do?



An effective preventive method is vaccination.



What can we do?

Let's check the health checkup results at entering Gifu University.

Who should have it?

Measles less than 16
Rubella less than 8

Those who are eligible additional vaccinations.

How can I have vaccine?

## Contact a medical institution

Let them know in advance that you want to have vaccine of measles or rubella. You can search for specialized hospital in vaccinations at the JSTH (Japanese Society of Travel and Health) website.

https://plaza.umin.ac.ip/istah/index2.html

If you have any concerns, don't hesitate to consult the Health Administration Center.

## **Health Administration Center**

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