Health Administration Center News



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Let's prevent COVID-19 during summer vacation



During summer vacation, the opportunities to come in contact with people increase resulting from activities such as traveling, returning home, and participating in events. Therefore, your chances of contracting COVID-19 also increase. Since May, the number of infected people has been increasing.

To prevent the spread of infection

- Wash your hands using soap, gargle with fluids, wear a mask, and ensure good ventilation.
- Get vaccinated (Consider booster vaccination, especially for those who have received less than 3 doses).
- Wear a mask when you come in contact with the elderly at nursing home or patients at hospitals, or while using public transportation.
- If you feel sick, stay at home, visit medical institutions, and have a good rest. Prepare antipyretics and food for about 3 days.

The incidence of some infectious diseases such as pharyngoconjunctival fever and food poisoning increases during summer. Understand the nature of the pathogens and take preventive measures. Enjoy your summer vacation!

